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★ ★ ★ ★
AUGUST 2023
FAST TRACK SKILLS (3XWKLY)

PLEASE READ:

If you are to miss a class and would like to request the recording, please email assist.day1yoga@gmail.com with the **NAME and DATE** of the class being requested in the subject line, the email can be empty. This helps expedite your request. The recording is available for 24hrs from the time it was recorded. Please do not request classes past 2 days. 😊

Topic: FAST TRACK SKILLS (3XWKLY)

Time: Aug 8, 2023 14:00 Eastern Time (US and Canada)

Every week on Tue, Thu, Sat, 9 occurrence(s)

Aug 8, 2023 14:00

Aug 10, 2023 14:00

Aug 12, 2023 14:00

Aug 15, 2023 14:00

Aug 17, 2023 14:00

Aug 19, 2023 14:00

Aug 22, 2023 14:00

Aug 24, 2023 14:00

Aug 26, 2023 14:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://us02web.zoom.us/j/81362871052?pwd=djNad2ZSR2hoa0tBbGIPNDltWlovUT09P8b/ics?icsToken=98tyKuGprT0oEtOUByFRpwcA4_oa_zwtn5fgvpxhRXzFShxQDzse7BYZZ5tKcKd

Join Zoom Meeting

<https://us02web.zoom.us/j/81362871052?pwd=djNad2ZSR2hoa0tBbGIPNDltWlovUT09>

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