



SKILLS JUNE 2023

PLEASE READ:

If you are to miss a class and would like to request the recording, please email assist.day1yoga@gmail.com with the **NAME and DATE** of the class being requested in the subject line, the email can be empty. This helps expedite your request. The recording is available for 24hrs from the time it was recorded. Please do not request classes past 2 days. ☺

Topic: SKILLS JUNE

Time: Jun 2, 2023 20:00 Eastern Time (US and Canada)

Every week on Fri, Mon, Wed, 13 occurrence(s)

Jun 2, 2023 20:00

Jun 5, 2023 20:00

Jun 7, 2023 20:00

Jun 9, 2023 20:00

Jun 12, 2023 20:00

Jun 14, 2023 20:00

Jun 16, 2023 20:00

Jun 19, 2023 20:00

Jun 21, 2023 20:00

Jun 23, 2023 20:00

Jun 26, 2023 20:00

Jun 28, 2023 20:00

Jun 30, 2023 20:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: <https://us02web.zoom.us/meeting/tZUrdOmurzkoH9G6c3kq-FVtRfvlvK48xhu/ics?icsToken=98tyKuGpqDgqHNWXshyCRpwcBljCc-7zmHpBgvp6yhy2CDEeRDXiBORUOr5pO4yl>

Join Zoom Meeting

<https://us02web.zoom.us/j/81630612255?pwd=WWxzTEd2Z3lma1JocFlpS05Ycmh6UT09>

Meeting ID: 816 3061 2255

Passcode: 275740

One tap mobile

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