


D1Y

MAY 2023
FAST TRACK SKILLS (2XWKLY)

PLEASE READ:

If you are to miss a class and would like to request the recording, please email assist.day1yoga@gmail.com with the **NAME and DATE** of the class being requested in the subject line, the email can be empty. This helps expedite your request. The recording is available for 24hrs from the time it was recorded. Please do not request classes past 2 days. ☺

Topic: FAST TRACK SKILLS (2XWKLY)

Time: May 2, 2023 20:00 Eastern Time (US and Canada)

Every week on Tue, Thu, 8 occurrence(s)

May 2, 2023 20:00

May 4, 2023 20:00

May 9, 2023 20:00

May 11, 2023 20:00

May 16, 2023 20:00

May 18, 2023 20:00

May 23, 2023 20:00

May 25, 2023 20:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://us02web.zoom.us/meeting/tZYqd--rqDkuHNaxE1KEFq4OMaXTW2ugB27R/ics?icsToken=98tyKuGqqTssGdKXtB-FRpwQB4igM-nwvnpbgo1chDq0KAV1c1fZG-N6BoUtBd_v

Join Zoom Meeting

<https://us02web.zoom.us/j/82706362462?pwd=ZW5rMGJlMXp2SE9lMGZSKzduaTEzZz09>

Meeting ID: 827 0636 2462

Passcode: 822000

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