



★ ★ ★ ★
APRIL 2023

FAST TRACK SKILLS (3XWKLY)

PLEASE READ:

If you are to miss a class and would like to request the recording, please email assist.day1yoga@gmail.com with the **NAME and DATE** of the class being requested in the subject line, the email can be empty. This helps expedite your request. The recording is available for 24hrs from the time it was recorded. Please do not request classes past 2 days. 😊

Topic: FAST TRACK SKILLS (3XWKLY)

Time: Apr 3, 2023 11:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

Apr 3, 2023 11:00

Apr 5, 2023 11:00

Apr 7, 2023 11:00

Apr 10, 2023 11:00

Apr 12, 2023 11:00

Apr 14, 2023 11:00

Apr 17, 2023 11:00

Apr 19, 2023 11:00

Apr 21, 2023 11:00

Apr 24, 2023 11:00

Apr 26, 2023 11:00

Apr 28, 2023 11:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://us02web.zoom.us/meeting/tZckcuqrrzoiHtb4oo48vWLCvNiqTQZ57pM7/ics?icsToken=98tyKuGrpz4pGdWUuR2FRpwqHY_4b-nzmH5EgrdfyBDqV3hFVS_VIMxLI4ZOKo2H

Join Zoom Meeting

<https://us02web.zoom.us/j/83953311942?pwd=bncrRUNWSHVMBtFmK2RPZmw4cWtydz09>

Meeting ID: 839 5331 1942

Passcode: 783795

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