



# DIY



JANUARY 2023

## STRONGER TOGETHER

All 3 class times are included in the email.

Please make sure to sign in 3-5 mins before class start time with the name you registered with.

**PLEASE READ:**

If you are to miss a class and would like to request the recording, please email [assist.day1yoga@gmail.com](mailto:assist.day1yoga@gmail.com) with the **NAME and DATE** of the class being requested in the subject line, the email can be empty. This helps expedite your request. The recording is available for 24hrs from the time it was recorded. Please do not request classes past 2 days. 😊

Day Christensen is inviting you to a scheduled Zoom meeting.

**Topic: STRONGER TOGETHER (9am US EST)**

Time: Jan 2, 2023 09:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

Jan 2, 2023 09:00

Jan 4, 2023 09:00

Jan 6, 2023 09:00

Jan 9, 2023 09:00

Jan 11, 2023 09:00

Jan 13, 2023 09:00

Jan 16, 2023 09:00

Jan 18, 2023 09:00

Jan 20, 2023 09:00

Jan 23, 2023 09:00

Jan 25, 2023 09:00

Jan 27, 2023 09:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

[https://us02web.zoom.us/meeting/tZMucemprjwuGtVGBh7urpyu92Z7wXtgR5Ws/ics?icsToken=98tyKuGvrT0qG9SStBmGRpwEA4\\_oc-vziGZbjdrux3NVDVBchrjb7B4ZaVHBN\\_i](https://us02web.zoom.us/meeting/tZMucemprjwuGtVGBh7urpyu92Z7wXtgR5Ws/ics?icsToken=98tyKuGvrT0qG9SStBmGRpwEA4_oc-vziGZbjdrux3NVDVBchrjb7B4ZaVHBN_i)

Join Zoom Meeting

<https://us02web.zoom.us/j/87360107401?pwd=QVJ1bWMrR3pJRDRzRlkrWDE3dUZHUOT09>

Meeting ID: 873 6010 7401

Passcode: 677933

One tap mobile

+17193594580,,87360107401#,,,,\*677933# US

+12532050468,,87360107401#,,,,\*677933# US

Dial by your location

- +1 719 359 4580 US
- +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)
- +1 346 248 7799 US (Houston)
- +1 669 444 9171 US
- +1 669 900 9128 US (San Jose)
- +1 386 347 5053 US
- +1 507 473 4847 US
- +1 564 217 2000 US
- +1 646 558 8656 US (New York)
- +1 646 931 3860 US
- +1 689 278 1000 US
- +1 301 715 8592 US (Washington DC)
- +1 305 224 1968 US
- +1 309 205 3325 US
- +1 312 626 6799 US (Chicago)
- +1 360 209 5623 US

Meeting ID: 873 6010 7401

Passcode: 677933

Find your local number: <https://us02web.zoom.us/j/82681777152>

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**Topic: STRONGER TOGETHER (1PM US EST)**

Time: Jan 2, 2023 13:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

Jan 2, 2023 13:00

Jan 4, 2023 13:00

Jan 6, 2023 13:00

Jan 9, 2023 13:00

Jan 11, 2023 13:00

Jan 13, 2023 13:00

Jan 16, 2023 13:00

Jan 18, 2023 13:00

Jan 20, 2023 13:00

Jan 23, 2023 13:00

Jan 25, 2023 13:00

Jan 27, 2023 13:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: <https://us02web.zoom.us/meeting/tZYrf-ivqTwrH9bNiAFwezC893oueo4G61ZL/ics?icsToken=98tyKuGqqDMrHdOSsRyFRpwQBlqgd-3wtmZcgvpfshbEJTdWeCCub7FNI7dwRP-G>

<https://us02web.zoom.us/j/82681777152?pwd=V3hnSEhJQW9oQTRBOWNHRDR1b1BmUT09>

Join Zoom Meeting

<https://us02web.zoom.us/j/82681777152?pwd=V3hnSEhJQW9oQTRBOWNHRDR1b1BmUT09>

Meeting ID: 826 8177 7152

Passcode: 508066

One tap mobile

+12532050468,,82681777152#,,,,\*508066# US

+12532158782,,82681777152#,,,,\*508066# US (Tacoma)

Dial by your location

+1 253 205 0468 US

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 444 9171 US

+1 669 900 9128 US (San Jose)

+1 719 359 4580 US

+1 360 209 5623 US

+1 386 347 5053 US

+1 507 473 4847 US

+1 564 217 2000 US

+1 646 558 8656 US (New York)

+1 646 931 3860 US

+1 689 278 1000 US

+1 301 715 8592 US (Washington DC)

+1 305 224 1968 US

+1 309 205 3325 US

+1 312 626 6799 US (Chicago)

Meeting ID: 826 8177 7152

Passcode: 508066

Find your local number: <https://us02web.zoom.us/j/84031109676>

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**Topic: STRONGER TOGETHER (7PM US EST)**

Time: Jan 2, 2023 19:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

Jan 2, 2023 19:00

Jan 4, 2023 19:00

Jan 6, 2023 19:00

Jan 9, 2023 19:00

Jan 11, 2023 19:00

Jan 13, 2023 19:00

Jan 16, 2023 19:00

Jan 18, 2023 19:00

Jan 20, 2023 19:00

Jan 23, 2023 19:00

Jan 25, 2023 19:00

Jan 27, 2023 19:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

<https://us02web.zoom.us/meeting/tZAtdOiprjlsHdlpRjr1co2XRBntqCe9bFDE/ics?icsToken=98tyKuGsrjgrG9Scth6BRpwIAojCd-vziFhdgqd0jC3vEXFQbVHOBMBMJqNcFYHS>

Join Zoom Meeting

<https://us02web.zoom.us/j/84031109676?pwd=bjY0OXdnNSUJkNWVtSUZyeXduK2ltZz09>

Meeting ID: 840 3110 9676

Passcode: 000599

One tap mobile

+12532050468,,84031109676#,,,,\*000599# US

+12532158782,,84031109676#,,,,\*000599# US (Tacoma)

Dial by your location

+1 253 205 0468 US

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+1 669 444 9171 US

+1 669 900 9128 US (San Jose)

+1 719 359 4580 US

+1 312 626 6799 US (Chicago)

+1 360 209 5623 US

+1 386 347 5053 US

+1 507 473 4847 US

+1 564 217 2000 US

+1 646 558 8656 US (New York)

+1 646 931 3860 US

+1 689 278 1000 US

+1 301 715 8592 US (Washington DC)

+1 305 224 1968 US

+1 309 205 3325 US

Meeting ID: 840 3110 9676

Passcode: 000599

Find your local number: <https://us02web.zoom.us/j/84031109676>