



Topic: SKILLS DECEMBER 2022

If you are to miss a class and would like to request the recording, please email assist.day1yoga@gmail.com with the **NAME and DATE** of the class being requested in the subject line. The recording is available for 24hrs. Please do not request classes after 48hrs.

Topic: SKILLS

Time: Dec 2, 2022 20:00 Eastern Time (US and Canada)

Every week on Fri, Mon, Wed, 12 occurrence(s)

Dec 2, 2022 20:00

Dec 5, 2022 20:00

Dec 7, 2022 20:00

Dec 9, 2022 20:00

Dec 12, 2022 20:00

Dec 14, 2022 20:00

Dec 16, 2022 20:00

Dec 19, 2022 20:00

Dec 21, 2022 20:00

Dec 23, 2022 20:00

Dec 26, 2022 20:00

Dec 28, 2022 20:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: <https://us02web.zoom.us/join/82365285860?pwd=RklNaVZlbnh3a2JFaG9tcnBCclh4dz09rxiCVHgo1psiTkNHlcOxXfe8cWFr5TM9He>

Join Zoom Meeting

<https://us02web.zoom.us/j/82365285860?pwd=RklNaVZlbnh3a2JFaG9tcnBCclh4dz09>

Meeting ID: 823 6528 5860

Passcode: 086478

One tap mobile

+16699009128,,82365285860#,,,,*086478# US (San Jose)

+17193594580,,82365285860#,,,,*086478# US

Dial by your location

+1 669 900 9128 US (San Jose)

+1 719 359 4580 US

+1 253 205 0468 US

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 444 9171 US

+1 301 715 8592 US (Washington DC)

+1 305 224 1968 US

+1 309 205 3325 US

+1 312 626 6799 US (Chicago)

+1 360 209 5623 US

+1 386 347 5053 US

+1 507 473 4847 US

+1 564 217 2000 US

+1 646 558 8656 US (New York)

+1 646 931 3860 US

+1 689 278 1000 US

Meeting ID: 823 6528 5860

Passcode: 086478

Find your local number: <https://us02web.zoom.us/j/82365285860>