



STRONGER TOGETHER

All 3 class times are included in the email.

Please make sure to sign in 3-5 mins before class start time with the name you registered with. If you miss a class, please send an email to assist.day1yoga@gmail.com and request recording of missed class which will be valid for 24hrs. ☺

Topic: STRONGER TOGETHER (9am US EST)

Time: Jul 1, 2022 09:00 Eastern Time (US and Canada)

Every week on Fri, Mon, Wed, 12 occurrence(s)

Jul 1, 2022 09:00

Jul 4, 2022 09:00

Jul 6, 2022 09:00

Jul 8, 2022 09:00

Jul 11, 2022 09:00

Jul 13, 2022 09:00

Jul 15, 2022 09:00

Jul 18, 2022 09:00

Jul 20, 2022 09:00

Jul 22, 2022 09:00

Jul 25, 2022 09:00

Jul 27, 2022 09:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

https://us02web.zoom.us/meeting/tZYucmqz0qGN2a9v6n63wRbfrPk7fsbuhT/ics?icsToken=98tyKuGqrT4qGNGTsBuORpwQA4_4c-rwmCFfjY0PnUzbVS4FMRTENORQArkoFsvS

Join Zoom Meeting

<https://us02web.zoom.us/j/82350256029?pwd=AYO3ul-kghvxbAQRcpDKScLZe1vr4q.1>

Meeting ID: 823 5025 6029

Passcode: 222365

One tap mobile

+12532158782,,82350256029#,,,,*222365# US (Tacoma)

+13462487799,,82350256029#,,,,*222365# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 823 5025 6029

Passcode: 222365

Find your local number: <https://us02web.zoom.us/j/keoDCPEyQd>

Topic: STRONGER TOGETHER (1PM US EST)

Time: Jul 1, 2022 13:00 Eastern Time (US and Canada)

Every week on Fri, Mon, Wed, 12 occurrence(s)

Jul 1, 2022 13:00

Jul 4, 2022 13:00

Jul 6, 2022 13:00

Jul 8, 2022 13:00

Jul 11, 2022 13:00

Jul 13, 2022 13:00

Jul 15, 2022 13:00

Jul 18, 2022 13:00

Jul 20, 2022 13:00

Jul 22, 2022 13:00

Jul 25, 2022 13:00

Jul 27, 2022 13:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://us02web.zoom.us/meeting/tZAlid--tpzgjG9wdS5R1ZbGVbCMmN4-u2JpJ/ics?icsToken=98tyKuGspjssH92WuRiPRpwIGoigM-_xmHZEjfpKmCywMXFpYCTANMFvP5wrXc2C

Join Zoom Meeting

<https://us02web.zoom.us/j/84806593918?pwd=Tmg8f4D9bIQPpIXyVonn3o1tuQ-pd3.1>

Meeting ID: 848 0659 3918

Passcode: 742868

One tap mobile

+16699009128,,84806593918#,,,,*742868# US (San Jose)

+12532158782,,84806593918#,,,,*742868# US (Tacoma)

Dial by your location

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

Meeting ID: 848 0659 3918

Passcode: 742868

Find your local number: <https://us02web.zoom.us/j/kcxWCVCvdj0>

Topic: STRONGER TOGETHER (7PM US EST)

Time: Jul 1, 2022 19:00 Eastern Time (US and Canada)

Every week on Fri, Mon, Wed, 12 occurrence(s)

Jul 1, 2022 19:00

Jul 4, 2022 19:00

Jul 6, 2022 19:00

Jul 8, 2022 19:00

Jul 11, 2022 19:00

Jul 13, 2022 19:00

Jul 15, 2022 19:00

Jul 18, 2022 19:00

Jul 20, 2022 19:00

Jul 22, 2022 19:00

Jul 25, 2022 19:00

Jul 27, 2022 19:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

https://us02web.zoom.us/meeting/tZlocuqoqjwrH9xbl1iiXPpruxTjwib4gWQt/ics?icsToken=98tyKuGuqz4pGtCSsRyPRpwAGY_4b_TwiGZcgvFnhO0CilrUhPkI_p2OKV2EozX

Join Zoom Meeting

<https://us02web.zoom.us/j/86553047158?pwd=ABClpSi2cHL3oyTqFrGOarHxRCsaFt.1>

Meeting ID: 865 5304 7158

Passcode: 160458

One tap mobile

+16699009128,,86553047158#,,,,*160458# US (San Jose)

+12532158782,,86553047158#,,,,*160458# US (Tacoma)

Dial by your location

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+1 346 248 7799 US (Houston)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

Meeting ID: 865 5304 7158

Passcode: 160458

Find your local number: <https://us02web.zoom.us/u/kbsr57Yr10>