



# D1Y



MAY

## STRONGER TOGETHER

All 3 class times are included in the email.

Please make sure to sign in 3-5 mins before class start time with the name you registered with. If you miss a class, please send an email to [assist.day1yoga@gmail.com](mailto:assist.day1yoga@gmail.com) and request recording of missed class which will be valid for 24hrs. ☺

Topic: STRONGER TOGETHER (9AM EST)

Time: May 2, 2022 09:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

May 2, 2022 09:00

May 4, 2022 09:00

May 6, 2022 09:00

May 9, 2022 09:00

May 11, 2022 09:00

May 13, 2022 09:00

May 16, 2022 09:00

May 18, 2022 09:00

May 20, 2022 09:00

May 23, 2022 09:00

May 25, 2022 09:00

May 27, 2022 09:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

<https://us02web.zoom.us/meeting/tZAvdumrqjovGdYBgYp1K2YLb8yvpy9RKHSb/ics?icsToken=98tyKuGsrDoqGdCUtRqFRpwIAIj4c-nwiH5YjadkvhjcE3F4MDraNLpbJKJmSer7>

Join Zoom Meeting

<https://us02web.zoom.us/j/84210341532?pwd=Z0xQeGVsMGpKbmNJU3lPb2l1S2RSQT09>

Meeting ID: 842 1034 1532

Passcode: 118095

One tap mobile

+12532158782,,84210341532#,,,,\*118095# US (Tacoma)

+13462487799,,84210341532#,,,,\*118095# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)  
+1 646 558 8656 US (New York)

Meeting ID: 842 1034 1532

Passcode: 118095

Find your local number: <https://us02web.zoom.us/j/84210341532>

Topic: STRONGER TOGETHER (1PM US EST)

Time: May 2, 2022 13:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

May 2, 2022 13:00

May 4, 2022 13:00

May 6, 2022 13:00

May 9, 2022 13:00

May 11, 2022 13:00

May 13, 2022 13:00

May 16, 2022 13:00

May 18, 2022 13:00

May 20, 2022 13:00

May 23, 2022 13:00

May 25, 2022 13:00

May 27, 2022 13:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

[https://us02web.zoom.us/meeting/tZludeCpqDosHtABZ4PFWJLVmZkTEGJV1e3k/ics?icsToken=98tyKuGurTkjG9KUth2DRpwAA4joXevwpn5dgrd8viWxMwZkSC\\_AO9hJBpdYOU6B](https://us02web.zoom.us/meeting/tZludeCpqDosHtABZ4PFWJLVmZkTEGJV1e3k/ics?icsToken=98tyKuGurTkjG9KUth2DRpwAA4joXevwpn5dgrd8viWxMwZkSC_AO9hJBpdYOU6B)

Join Zoom Meeting

<https://us02web.zoom.us/j/86329161644?pwd=bCszdHM2ZlM0ZUd2Mk91dXlYcWl0dz09>

Meeting ID: 863 2916 1644

Passcode: 814500

One tap mobile

+13462487799,,86329161644#,,,,\*814500# US (Houston)

+16699009128,,86329161644#,,,,\*814500# US (San Jose)

Dial by your location

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 863 2916 1644

Passcode: 814500

Find your local number: <https://us02web.zoom.us/j/86329161644>

Topic: STRONGER TOGETHER (7PM US EST)

Time: May 2, 2022 19:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

May 2, 2022 19:00

May 4, 2022 19:00

May 6, 2022 19:00

May 9, 2022 19:00

May 11, 2022 19:00

May 13, 2022 19:00

May 16, 2022 19:00

May 18, 2022 19:00

May 20, 2022 19:00

May 23, 2022 19:00

May 25, 2022 19:00

May 27, 2022 19:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

[https://us02web.zoom.us/meeting/tZwpdOyggD8uGtPNL9\\_Ih73Y0vPs\\_2QIFpgd/ics?icsToken=98tyKuGgqjvEtKRTBmARpw-BojCZ\\_zwpilbjbdtjsjO8PAIbNVDZvRyIY0tIdT2](https://us02web.zoom.us/meeting/tZwpdOyggD8uGtPNL9_Ih73Y0vPs_2QIFpgd/ics?icsToken=98tyKuGgqjvEtKRTBmARpw-BojCZ_zwpilbjbdtjsjO8PAIbNVDZvRyIY0tIdT2)

Join Zoom Meeting

<https://us02web.zoom.us/j/88435864407?pwd=N1MvUWZxWFIPanpoOXZ2dWdhK3JQQT09>

Meeting ID: 884 3586 4407

Passcode: 518642

One tap mobile

+12532158782,,88435864407#,,,,\*518642# US (Tacoma)

+13462487799,,88435864407#,,,,\*518642# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 884 3586 4407

Passcode: 518642

Find your local number: <https://us02web.zoom.us/j/kzsdDU1zS>