



STRONGER TOGETHER

All 3 class times are included in the email.

Please make sure to sign in 3-5 mins before class start time with the name you registered with. If you miss a class, please send an email to assist.day1yoga@gmail.com and request recording of missed class which will be valid for 24hrs. ☺

Topic: STRONGER TOGETHER (9am US EST)

Time: Apr 1, 2022 09:00 Eastern Time (US and Canada)

Every week on Fri, Mon, Wed, 12 occurrence(s)

Apr 1, 2022 09:00

Apr 4, 2022 09:00

Apr 6, 2022 09:00

Apr 8, 2022 09:00

Apr 11, 2022 09:00

Apr 13, 2022 09:00

Apr 15, 2022 09:00

Apr 18, 2022 09:00

Apr 20, 2022 09:00

Apr 22, 2022 09:00

Apr 25, 2022 09:00

Apr 27, 2022 09:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/meeting/tZ0oce-](https://us02web.zoom.us/meeting/tZ0oce-vrj4qHNb2H23V6WW7IMXoAvjfWJsw/ics?icsToken=98tyKuGhqz0sHdSQsB-FRpx5GY_oM-3ziCVfgo1fzje3UBVFVTShOs96PZNpGt7n)

[vrj4qHNb2H23V6WW7IMXoAvjfWJsw/ics?icsToken=98tyKuGhqz0sHdSQsB-FRpx5GY_oM-3ziCVfgo1fzje3UBVFVTShOs96PZNpGt7n](https://us02web.zoom.us/meeting/tZ0oce-vrj4qHNb2H23V6WW7IMXoAvjfWJsw/ics?icsToken=98tyKuGhqz0sHdSQsB-FRpx5GY_oM-3ziCVfgo1fzje3UBVFVTShOs96PZNpGt7n)

Join Zoom Meeting

<https://us02web.zoom.us/j/89566705062?pwd=cHRGUUVpbmFlam83aHcvRmFEY3BnUT09>

Meeting ID: 895 6670 5062

Passcode: 076212

One tap mobile

+12532158782,,89566705062#,,,,*076212# US (Tacoma)

+13462487799,,89566705062#,,,,*076212# US (Houston)

Dial by your location

- +1 253 215 8782 US (Tacoma)
- +1 346 248 7799 US (Houston)
- +1 669 900 9128 US (San Jose)
- +1 301 715 8592 US (Washington DC)
- +1 312 626 6799 US (Chicago)
- +1 646 558 8656 US (New York)

Meeting ID: 895 6670 5062

Passcode: 076212

Find your local number: <https://us02web.zoom.us/j/89566705062>

Topic: STRONGER TOGETHER (1PM US EST)

Time: Apr 1, 2022 13:00 Eastern Time (US and Canada)

Every week on Fri, Mon, Wed, 12 occurrence(s)

Apr 1, 2022 13:00

Apr 4, 2022 13:00

Apr 6, 2022 13:00

Apr 8, 2022 13:00

Apr 11, 2022 13:00

Apr 13, 2022 13:00

Apr 15, 2022 13:00

Apr 18, 2022 13:00

Apr 20, 2022 13:00

Apr 22, 2022 13:00

Apr 25, 2022 13:00

Apr 27, 2022 13:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

<https://us02web.zoom.us/meeting/tZUode2pqjkvGNyKw24JQxG1F0MdKQ7rBHTZ/ics?icsToken=98tyKuGpqzkuG9CXtRuPRpwcGYjoLOvwiHpYjY1Etwi3VwpieiSnELJvNplOR8ry>

Join Zoom Meeting

<https://us02web.zoom.us/j/81524142528?pwd=WEpvmM3dhWxpCRGt0ZHk4clZBRjZldz09>

Meeting ID: 815 2414 2528

Passcode: 142940

One tap mobile

+12532158782,,81524142528#,,,,*142940# US (Tacoma)

+13462487799,,81524142528#,,,,*142940# US (Houston)

Dial by your location

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+1 346 248 7799 US (Houston)
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+1 301 715 8592 US (Washington DC)
+1 312 626 6799 US (Chicago)
+1 646 558 8656 US (New York)

Meeting ID: 815 2414 2528

Passcode: 142940

Find your local number: <https://us02web.zoom.us/j/kdYk9c0ng>

Topic: STRONGER TOGETHER (7PM US EST)

Time: Apr 1, 2022 18:00 Eastern Time (US and Canada)

Every week on Fri, Mon, Wed, 12 occurrence(s)

Apr 1, 2022 18:00

Apr 4, 2022 18:00

Apr 6, 2022 18:00

Apr 8, 2022 18:00

Apr 11, 2022 18:00

Apr 13, 2022 18:00

Apr 15, 2022 18:00

Apr 18, 2022 18:00

Apr 20, 2022 18:00

Apr 22, 2022 18:00

Apr 25, 2022 18:00

Apr 27, 2022 18:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/meeting/tZEsd-](https://us02web.zoom.us/meeting/tZEsd-mhrjMqG92K1AUIUPrAlEnT7p6Fo2bj/ics?icsToken=98tyKuGtrzsqE9SdsBiORpwMBYigc_PziFxfjfoPt07ENgImUhHXH8dMBuVvRv7f)

[mhrjMqG92K1AUIUPrAlEnT7p6Fo2bj/ics?icsToken=98tyKuGtrzsqE9SdsBiORpwMBYigc_PziFxfjfoPt07ENgImUhHXH8dMBuVvRv7f](https://us02web.zoom.us/meeting/tZEsd-mhrjMqG92K1AUIUPrAlEnT7p6Fo2bj/ics?icsToken=98tyKuGtrzsqE9SdsBiORpwMBYigc_PziFxfjfoPt07ENgImUhHXH8dMBuVvRv7f)

Join Zoom Meeting

<https://us02web.zoom.us/j/85100908019?pwd=d09jeFE0NjFKUE94MGdPR1BreERNdz09>

Meeting ID: 851 0090 8019

Passcode: 511256

One tap mobile

+13462487799,,85100908019#,,,,*511256# US (Houston)

+16699009128,,85100908019#,,,,*511256# US (San Jose)

Dial by your location

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 851 0090 8019

Passcode: 511256

Find your local number: <https://us02web.zoom.us/j/kcr6WujLxL>