



DIY



FEBRUARY STRONGER TOGETHER

All 3 class times are included in the email.

Please make sure to sign in 3-5 mins before class start time with the name you registered with. If you miss a class, please send an email to assist.day1yoga@gmail.com and request recording of missed class which will be valid for 48hrs. 😊

Topic: STRONGER TOGETHER (9am US EST)

Time: Feb 2, 2022 09:00 Eastern Time (US and Canada)

Every week on Wed, Mon, Fri, 12 occurrence(s)

Feb 2, 2022 09:00
Feb 4, 2022 09:00
Feb 7, 2022 09:00
Feb 9, 2022 09:00
Feb 11, 2022 09:00
Feb 14, 2022 09:00
Feb 16, 2022 09:00
Feb 18, 2022 09:00
Feb 21, 2022 09:00
Feb 23, 2022 09:00
Feb 25, 2022 09:00
Feb 28, 2022 09:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

https://us02web.zoom.us/meeting/tZAsdOmtqzotG9Bad_J3lQh3IKq35pDmVAvd/ics?icsToken=98tyKuGsrzqgH9GUtxiDRpwIBYjCc-_wmH5ajfp_nRvaKXNfUwulH8ITYedvNNXm

Join Zoom Meeting

<https://us02web.zoom.us/j/84130551714?pwd=MjlYbG5Ed2ZPQkQ3b2s3YUhmDIInVz09>

Meeting ID: 841 3055 1714

Passcode: 396662

One tap mobile

+12532158782,,84130551714#,,,,*396662# US (Tacoma)

+13462487799,,84130551714#,,,,*396662# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 841 3055 1714

Passcode: 396662

Find your local number: <https://us02web.zoom.us/j/keFw4UsHhP>

Topic: STRONGER TOGETHER (1pm US EST)

Time: Feb 2, 2022 13:00 Eastern Time (US and Canada)

Every week on Wed, Mon, Fri, 12 occurrence(s)

Feb 2, 2022 13:00

Feb 4, 2022 13:00

Feb 7, 2022 13:00

Feb 9, 2022 13:00

Feb 11, 2022 13:00

Feb 14, 2022 13:00

Feb 16, 2022 13:00

Feb 18, 2022 13:00

Feb 21, 2022 13:00

Feb 23, 2022 13:00

Feb 25, 2022 13:00

Feb 28, 2022 13:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

<https://us02web.zoom.us/meeting/tZ0lfuuqrjwoHtJ2JdOKrI6lJJdp3LSvcKIs/ics?icsToken=98tyKuGhpjIoGNSSsh2BRpx5Gor4a-rziGZBgrd3zjXhLAtBS1X6HMhmluFTI87T>

Join Zoom Meeting

<https://us02web.zoom.us/j/89892207246?pwd=RIA3MmRXayt5NTQ1TXlpRGVvd2RXUT09>

Meeting ID: 898 9220 7246

Passcode: 650124

One tap mobile

+12532158782,,89892207246#,,,,*650124# US (Tacoma)

+13462487799,,89892207246#,,,,*650124# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 898 9220 7246

Passcode: 650124

Find your local number: <https://us02web.zoom.us/j/kuVD56AG>

Topic: STRONGER TOGETHER (7PM US EST)

Time: Feb 2, 2022 19:00 Eastern Time (US and Canada)

Every week on Wed, Mon, Fri, 12 occurrence(s)

Feb 2, 2022 19:00

Feb 4, 2022 19:00

Feb 7, 2022 19:00

Feb 9, 2022 19:00

Feb 11, 2022 19:00

Feb 14, 2022 19:00

Feb 16, 2022 19:00

Feb 18, 2022 19:00

Feb 21, 2022 19:00

Feb 23, 2022 19:00

Feb 25, 2022 19:00

Feb 28, 2022 19:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/meeting/tZwkc-](https://us02web.zoom.us/meeting/tZwkc-yprzktHtRPBB4FK1TtpDmZ51QGl6QM/ics?icsToken=98tyKuGgpz8vG9Wxtx2HRpw-HY-gZ-vzmHpagrdvrD3HVwZ4MzfiJsZPCOculf_c)

[yprzktHtRPBB4FK1TtpDmZ51QGl6QM/ics?icsToken=98tyKuGgpz8vG9Wxtx2HRpw-HY-gZ-vzmHpagrdvrD3HVwZ4MzfiJsZPCOculf_c](https://us02web.zoom.us/meeting/tZwkc-yprzktHtRPBB4FK1TtpDmZ51QGl6QM/ics?icsToken=98tyKuGgpz8vG9Wxtx2HRpw-HY-gZ-vzmHpagrdvrD3HVwZ4MzfiJsZPCOculf_c)

Join Zoom Meeting

<https://us02web.zoom.us/j/88945112740?pwd=V0lVbHZJNS9xUHRPbi8xdnVPTEExUT09>

Meeting ID: 889 4511 2740

Passcode: 679344

One tap mobile

+16699009128,,88945112740#,,,,*679344# US (San Jose)

+12532158782,,88945112740#,,,,*679344# US (Tacoma)

Dial by your location

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

Meeting ID: 889 4511 2740

Passcode: 679344

Find your local number: <https://us02web.zoom.us/j/kcZZLInKKC>