



DIY



<p style="text-align: center;">JANUARY STRONGER TOGETHER</p>
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All 3 class times are included in the email.

Please make sure to sign in 3-5 mins before class start time with the name you registered with. If you miss a class, please send an email to assist.day1yoga@gmail.com and request recording of missed class which will be valid for 48hrs. 😊

Topic: STRONGER TOGETHER 9am US EST
Time: Jan 3, 2022 09:00 Eastern Time (US and Canada)
Every week on Mon, Wed, Fri, 12 occurrence(s)

- Jan 3, 2022 09:00
- Jan 5, 2022 09:00
- Jan 7, 2022 09:00
- Jan 10, 2022 09:00
- Jan 12, 2022 09:00
- Jan 14, 2022 09:00
- Jan 17, 2022 09:00
- Jan 19, 2022 09:00
- Jan 21, 2022 09:00
- Jan 24, 2022 09:00
- Jan 26, 2022 09:00
- Jan 28, 2022 09:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

https://us02web.zoom.us/meeting/tZlSdOqhrzliH9CUM0MlnwvCpNjkXB5nyT0Z/ics?icsToken=98tyKuGurzgpE9WcuByDRpwABYjCb_PzmFhHgvqTK1LixddRXVJsxIOYpdRdbJ

Join Zoom Meeting

<https://us02web.zoom.us/j/86133919854?pwd=aVgwcXY2RWVzaUI5TTlZNHg2RHBIQT09>

Meeting ID: 861 3391 9854

Passcode: 137656

One tap mobile

+12532158782,,86133919854#,,,,*137656# US (Tacoma)

+13462487799,,86133919854#,,,,*137656# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 861 3391 9854

Passcode: 137656

Find your local number: <https://us02web.zoom.us/u/kfqKFkxDh>

Topic: STRONGER TOGETHER 1pm US EST

Time: Jan 3, 2022 13:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

Jan 3, 2022 13:00

Jan 5, 2022 13:00

Jan 7, 2022 13:00

Jan 10, 2022 13:00

Jan 12, 2022 13:00

Jan 14, 2022 13:00

Jan 17, 2022 13:00

Jan 19, 2022 13:00

Jan 21, 2022 13:00

Jan 24, 2022 13:00

Jan 26, 2022 13:00

Jan 28, 2022 13:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: <https://us02web.zoom.us/meeting/tZUvc-yrqTMiG9db2cOHxPvsoRsJq8uT4pAl/ics?icsToken=98tyKuGprD8vGdOduBiERpwcAl-gZ-nwtlxHjfpZnk3mLAhLUhXlOdBRGKMnBeyE>

Join Zoom Meeting

<https://us02web.zoom.us/j/81245378813?pwd=aVVqY0JuanorY2lPYWJ2d0hmRFhKdz09>

Meeting ID: 812 4537 8813

Passcode: 119457

One tap mobile

+13462487799,,81245378813#,,,,*119457# US (Houston)

+16699009128,,81245378813#,,,,*119457# US (San Jose)

Dial by your location

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+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 812 4537 8813

Passcode: 119457

Find your local number: <https://us02web.zoom.us/j/kcnXfe8mpm>

Topic: STRONGER TOGETHER 7pm US EST

Time: Jan 3, 2022 19:00 Eastern Time (US and Canada)

Every week on Mon, Wed, Fri, 12 occurrence(s)

Jan 3, 2022 19:00

Jan 5, 2022 19:00

Jan 7, 2022 19:00

Jan 10, 2022 19:00

Jan 12, 2022 19:00

Jan 14, 2022 19:00

Jan 17, 2022 19:00

Jan 19, 2022 19:00

Jan 21, 2022 19:00

Jan 24, 2022 19:00

Jan 26, 2022 19:00

Jan 28, 2022 19:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://us02web.zoom.us/meeting/tZ0ude2rrzgjG9BrqicOf26DqgVoQHG2Qj-0/ics?icsToken=98tyKuGhrTkuGdWWuRiDRpx5A4joLonzmHZEjfp_jg7sAA9VMFXSJ-V0PYNXN4rh

Join Zoom Meeting

<https://us02web.zoom.us/j/89324313914?pwd=dWw5ZDV1RTdLdHlvc2hkbFZYTzZqdz09>

Meeting ID: 893 2431 3914

Passcode: 278449

One tap mobile

+13462487799,,89324313914#,,,,*278449# US (Houston)

+16699009128,,89324313914#,,,,*278449# US (San Jose)

Dial by your location

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+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 893 2431 3914

Passcode: 278449

Find your local number: <https://us02web.zoom.us/j/89324313914?pwd=ZUJkd00i9kP>