



DIY



JANUARY:
STRETCHLETIC—3 TIMES A WEEK

Please make sure to have a mat, two blocks and a yoga towel.

Topic: STRETCHLETIC (3 times weekly)
Time: Jan 3, 2022 10:00 Eastern Time (US and Canada)
Every week on Mon, Wed, Fri, 12 occurrence(s)

- Jan 3, 2022 10:00
- Jan 5, 2022 10:00
- Jan 7, 2022 10:00
- Jan 10, 2022 10:00
- Jan 12, 2022 10:00
- Jan 14, 2022 10:00
- Jan 17, 2022 10:00
- Jan 19, 2022 10:00
- Jan 21, 2022 10:00
- Jan 24, 2022 10:00
- Jan 26, 2022 10:00
- Jan 28, 2022 10:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

https://us02web.zoom.us/meeting/tZlIcEuqPz4oE914S12PkXSvdGdfBnpvp04V/ics?icsToken=98tyKuGupj0oGN2QshCORpwAGo_oa-rxmCVBj_oMyCy0URBYWjDgMsVGNJBxAM7A

Join Zoom Meeting

<https://us02web.zoom.us/j/86862295299?pwd=RitWZFZzR0tQUUFYUkRMWTZmTkJmQT09>

Meeting ID: 868 6229 5299

Passcode: 256725

One tap mobile

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Dial by your location

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+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 868 6229 5299

Passcode: 256725

Find your local number: <https://us02web.zoom.us/j/kcAHidTuC>