



# DIY



## DECEMBER STRONGER TOGETHER

All 3 class times are included in the email.

Please make sure to sign in 3-5 mins before class start time with the name you registered with. If you miss a class, please send an email to [assist.day1yoga@gmail.com](mailto:assist.day1yoga@gmail.com) and request recording of missed class which will be valid for 48hrs. 😊

**Topic: STRONGER TOGETHER (9am EST)**

**Time: Dec 1, 2021 09:00 Eastern Time (US and Canada)**

**Every week on Wed, Mon, Fri, 12 occurrence(s)**

Dec 1, 2021 09:00

Dec 3, 2021 09:00

Dec 6, 2021 09:00

Dec 8, 2021 09:00

Dec 10, 2021 09:00

Dec 13, 2021 09:00

Dec 15, 2021 09:00

Dec 17, 2021 09:00

Dec 20, 2021 09:00

Dec 22, 2021 09:00

Dec 24, 2021 09:00

Dec 27, 2021 09:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/meeting/tZltd-](https://us02web.zoom.us/meeting/tZltd-2vrDsuHtRQC5Y26ee8sODKKNBAzjhi/ics?icsToken=98tyKuGurjsuHdaVtB2HRpwAAoigLO3zpmJbgrdvrTywOnIFZwauJc1mGZIRMvnK)

[2vrDsuHtRQC5Y26ee8sODKKNBAzjhi/ics?icsToken=98tyKuGurjsuHdaVtB2HRpwAAoigLO3zpmJbgrdvrTywOnIFZwauJc1mGZIRMvnK](https://us02web.zoom.us/meeting/tZltd-2vrDsuHtRQC5Y26ee8sODKKNBAzjhi/ics?icsToken=98tyKuGurjsuHdaVtB2HRpwAAoigLO3zpmJbgrdvrTywOnIFZwauJc1mGZIRMvnK)

Join Zoom Meeting

<https://us02web.zoom.us/j/86004720440?pwd=dIB0TDdNQ1N0RS9nUVZGWnpPVHNTdz09>

Meeting ID: 860 0472 0440

Passcode: 690031

One tap mobile

+13126266799,,86004720440#,,,,\*690031# US (Chicago)

+16465588656,,86004720440#,,,,\*690031# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 860 0472 0440

Passcode: 690031

Find your local number: <https://us02web.zoom.us/u/kiFDH6apx>

**Topic: STRONGER TOGETHER (1pm EST)**

**Time: Dec 1, 2021 13:00 Eastern Time (US and Canada)**

**Every week on Wed, Fri, Mon, 12 occurrence(s)**

**Dec 1, 2021 13:00**

**Dec 3, 2021 13:00**

**Dec 6, 2021 13:00**

**Dec 8, 2021 13:00**

**Dec 10, 2021 13:00**

**Dec 13, 2021 13:00**

**Dec 15, 2021 13:00**

**Dec 17, 2021 13:00**

**Dec 20, 2021 13:00**

**Dec 22, 2021 13:00**

**Dec 24, 2021 13:00**

**Dec 27, 2021 13:00**

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/meeting/tZApdu-](https://us02web.zoom.us/meeting/tZApdu-pqj0qHtZKVi_PsAAcj_D_hZSER5xL/ics?icsToken=98tyKuGsqjosG9CTsB2FRpwIBoj4M-vwiCFgrdntynsPBBAQyL1PN1mDbpFI_3i)

[pqj0qHtZKVi\\_PsAAcj\\_D\\_hZSER5xL/ics?icsToken=98tyKuGsqjosG9CTsB2FRpwIBoj4M-vwiCFgrdntynsPBBAQyL1PN1mDbpFI\\_3i](https://us02web.zoom.us/meeting/tZApdu-pqj0qHtZKVi_PsAAcj_D_hZSER5xL/ics?icsToken=98tyKuGsqjosG9CTsB2FRpwIBoj4M-vwiCFgrdntynsPBBAQyL1PN1mDbpFI_3i)

Join Zoom Meeting

<https://us02web.zoom.us/j/84416146042?pwd=RXJvYVNsZlloOXdmWHZDK2h1N0V5QT09>

Meeting ID: 844 1614 6042

Passcode: 782658

One tap mobile

+16465588656,,84416146042#,,,,\*782658# US (New York)

+13017158592,,84416146042#,,,,\*782658# US (Washington DC)

Dial by your location

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 844 1614 6042

Passcode: 782658

Find your local number: <https://us02web.zoom.us/u/kcMxhvnST>

**Topic: STRONGER TOGETHER (7pm EST)**

**Time: Dec 1, 2021 19:00 Eastern Time (US and Canada)**

**Every week on Wed, Mon, Fri, 12 occurrence(s)**

**Dec 1, 2021 19:00**

**Dec 3, 2021 19:00**

**Dec 6, 2021 19:00**

**Dec 8, 2021 19:00**

**Dec 10, 2021 19:00**

**Dec 13, 2021 19:00**

**Dec 15, 2021 19:00**

**Dec 17, 2021 19:00**

**Dec 20, 2021 19:00**

**Dec 22, 2021 19:00**

**Dec 24, 2021 19:00**

**Dec 27, 2021 19:00**

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

[https://us02web.zoom.us/meeting/tZEqceyqrTkqE9EC\\_BGLX97i5JUqfPMJk0Vt/ics?icsToken=98tyKuGtqT0vGNexsBCCRpwMB4\\_oZ-rztnpfj\\_p4vyDHJAxrO1T\\_Y8h3i7RPPfLb](https://us02web.zoom.us/meeting/tZEqceyqrTkqE9EC_BGLX97i5JUqfPMJk0Vt/ics?icsToken=98tyKuGtqT0vGNexsBCCRpwMB4_oZ-rztnpfj_p4vyDHJAxrO1T_Y8h3i7RPPfLb)

Join Zoom Meeting

<https://us02web.zoom.us/j/85765232095?pwd=eGtpY0FXK0pxYUJKTE9HUzY2QjFzZz09>

Meeting ID: 857 6523 2095

Passcode: 777587

One tap mobile

+16465588656,,85765232095#,,,,\*777587# US (New York)

+13017158592,,85765232095#,,,,\*777587# US (Washington DC)

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+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 857 6523 2095

Passcode: 777587

Find your local number: <https://us02web.zoom.us/j/85765232095?pwd=eGtpY0FXK0pxYUJKTE9HUzY2QjFzZz09>