



DIY



DECEMBER:
STRETCHLETIC—3 TIMES A WEEK

Please make sure to have a mat, two blocks and a yoga towel.

Day Christensen is inviting you to a scheduled Zoom meeting.

Topic: STRECHLETIC (3 TIMES A WEEK)

Time: Dec 1, 2021 10:00 Eastern Time (US and Canada)

Every week on Wed, Fri, Mon, 12 occurrence(s)

- Dec 1, 2021 10:00
- Dec 3, 2021 10:00
- Dec 6, 2021 10:00
- Dec 8, 2021 10:00
- Dec 10, 2021 10:00
- Dec 13, 2021 10:00
- Dec 15, 2021 10:00
- Dec 17, 2021 10:00
- Dec 20, 2021 10:00
- Dec 22, 2021 10:00
- Dec 24, 2021 10:00
- Dec 27, 2021 10:00

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

https://us02web.zoom.us/meeting/tZYsfuioqjkjE9HOcUpfOjUcpeYH8Y9zhS_r/ics?icsToken=98tyKuGqrzlrGtCXuRCCRpwQBYr4d_TwiHpEj_p1sxzQEyZ8aDb1Jud7GupGSclY

Join Zoom Meeting

<https://us02web.zoom.us/j/82191042995?pwd=Szg2MmFDaHMySVJlbniOZm90OUYzUT09>

Meeting ID: 821 9104 2995

Passcode: 143259

One tap mobile

+13126266799,,82191042995#,,,,*143259# US (Chicago)

+16465588656,,82191042995#,,,,*143259# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 821 9104 2995

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Find your local number: <https://us02web.zoom.us/j/82191042995>